



Health & aesthetics

The doctor is in. (As is the therapist, dermatologist, surgeon and dietician)



TATLER

TATLER ADDRESS BOOK

DR THEO NANIDIS

Body contouring, breasts, ears, eyes, liposuction
King Edward VII's Hospital, 5-10 Beaumont Street, W1 07548 863781
enquiries@nanidis.co.uk;
tnplasticsurgeon.co.uk

Dr Theo Nanidis is a leading plastic, cosmetic and reconstructive surgeon with practices in London and Surrey (he is also an NHS consultant at the Royal Marsden in Chelsea). Known for his approachability, honesty and meticulousness, he conducts all aspects of cosmetic breast surgery including implant-free breast enhancement with fat grafting, and his 'signature' auto-augmentation breast lift. He also does liposculpting, liposuction, tummy tucks, cosmetic ear surgery, eyelids and skin surgery. His reconstructive background gives him a unique understanding of the aesthetic form, tissue reshaping and safety. Dr Nanidis trains other surgeons in complex techniques (such as drainless surgery, which means a speedier recovery).

EMENDO SURGICAL GROUP

Body contouring, breasts, ears, eyes, facelifts, lips, noses
Nuffield Health Bristol Hospital, 3 Clifton Hill, Bristol 07359 634463
contact@emendosurgicalgroup.com;
emendosurgicalgroup.com

Emendo Surgical Group's consultant surgeons, Miss Jurga Pikturnaitė and Mr Shaheel Chummun, see patients from across the UK at leading hospitals in Bristol, Bath and the south west (there are plans to expand into London). Together, they offer rhinoplasty, breast surgery, body contouring, facial rejuvenation, hand surgery, and complex reconstruction following trauma or cancer. Miss Pikturnaitė specialises in aesthetic, facelift, breast and hand reconstructive surgery. Mr Chummun focuses on complex and revision nasal procedures, including cleft and reconstructive rhinoplasties. He also has a strong interest in facial rejuvenation.

FACERESTORATION

Eyes, facelifts
London, Cambridge and Jersey 020 3983 8330
care@facerestoration.com;
facerestoration.com

Dr Rachna Murthy and Professor Jonathan Roos, co-founders of FaceRestoration in London and Cambridge and Maison Restorative in Jersey, are at the vanguard of modern oculoplastic surgery, setting a new standard in eye and facial rejuvenation. With their Harvard, Cambridge, Imperial College and Moorfields Eye Hospital pedigrees, the award-winning duo are the UK's first consultant eyelid plastic surgeons to collaborate on every patient. Their dual-consultant model ensures every case benefits from two expert perspectives, enhancing surgical precision, reducing operative time, and optimising recovery through their advanced Scars-less protocol. They specialise in both aesthetic and functional concerns, such as dark circles, eyelid hollowing and sagging.

HEALTH & AESTHETICS

MISS SUJATHA TADIPARTHI

Body contouring, breasts, eyes, liposuction
152 Harley Street, W1 07767 728108
info@choicosaesthetics.uk;
choicosaesthetics.uk

Multi-award-winning consultant plastic surgeon Miss Sujatha Tadiparthi is a highly esteemed expert based in Harley Street and south London. Miss Tadiparthi has more than 15 years' experience in the field of plastic surgery. She specialises in labiaplasty, cosmetic breast surgery, tummy tuck, mummy makeover, eyelid surgery and post-weightloss surgery. Sujatha has a warm and friendly, yet professional manner which instantly puts her patients at ease. The consistently beautiful and natural results she has achieved have resulted in over 150 five-star reviews from patients who have had life-changing surgery and benefited from her outstanding work. She is regularly featured in the press and on television, and lectures worldwide.

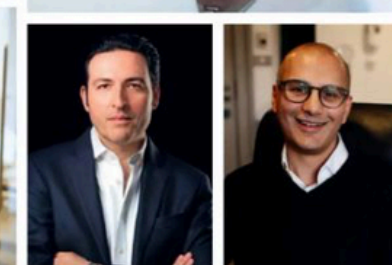
MR AADIL KHAN

Body contouring, breasts
4th Floor, 5 Devonshire Place, W1 020 7118 1525
pa@aadilakhan.com;
aadilakhan.com

Mr Aadil Khan is a highly regarded plastic surgeon with a practice dedicated exclusively to breast and body aesthetic surgery. Known for his calm, professional approach and commitment to delivering high-quality care, Mr Khan offers a tailored experience focused on achieving natural, balanced results that reflect each individual patient's goals. All aspects of cosmetic breast and body surgery are catered for here, with particular expertise in breast augmentation, breast reduction, abdominoplasty (tummy tuck) and body contouring. Drawing on years of specialist training and surgical experience, Mr Khan approaches each procedure with precision and attention to detail, always prioritising patient safety and wellbeing. He is thoughtful, measured and – most of all – trusted.



Clockwise from above: Mr Shaheel Chummun and Miss Jurga Pikturnaitė of Emendo Surgical Group; Miss Sujatha Tadiparthi; Mr Aadil Khan; Dr Theo Nanidis; Professor Jonathan Roos and Dr Rachna Murthy of FaceRestoration



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