

THE DEADLY COMPLICATIONS YOU MUST BE AWARE OF

RACHNA MURTHY, consultant oculoplastic, aesthetic and reconstructive surgeon at FaceRestoration London and Maison Restorative clinics, says: **MORE than one death occurs per 4,000 Brazilian butt lift surgeries, making it the deadliest cosmetic surgery. For context, breast augmentation has a mortality rate of practically zero. The bottom contains very large veins, and if fat is mistakenly injected into them, it can travel in the bloodstream and cause fatal embolisms.**

Even if you survive, there can be life-altering side-effects. For example, if fat reaches the brain, you're risking permanent neurological damage.

Despite the large veins in the buttocks, the area is mainly avascular, meaning it has little blood supply. But you need plenty of blood flow for injected fat to 'take'. As such, BBLs run a high risk of tissue death, where the flesh literally begins to rot.

Surgical BBLs are at least regulated and need a doctor to do them, but liquid BBLs (where hyaluronic acid filler is injected)

are a Wild West. Anyone can offer them after a day-long course. A liquid BBL uses around 500ml of filler, compared with 1 or 2ml used in facial procedures. Having that much foreign matter placed in your body - by someone with no medical knowledge - is a terrifying thought. My advice is avoid BBLs altogether.